



FIETTY + FEB 2025

Rotary Club of Ahmedabad  
*Heritage*  
Club ID: 224628 Date: 02 July 2022 District: 3055  
Welcomes



**RCA HERITAGE**  
**LEADING BY EXAMPLE IN**  
**SERVICE TO SOCIETY**



## **FEBRUARY 2025: A MONTH OF SERVICE, AWARENESS, AND IMPACT AT RCA HERITAGE**



**RTN RAJIV GULATI**  
**PRESIDENT**  
**RCA HERITAGE**

February was an eventful and impactful month for RCA Heritage, filled with a variety of service projects and community events aimed at creating lasting change. From health camps to educational seminars, our members dedicated their time and efforts to making a difference in the lives of those in need.

**Anemia Mukht Bharat Campaign: A Call for Awareness**

One of the major highlights of the month was the successful execution of two Anaemia Mukht Bharat camps. Held at the Girls Polytechnic Institute, these camps specifically targeted young girls aged 16 to 20. This age group was chosen for its importance in raising awareness about anaemia during these formative years. The results of the camp were a wake-up call, with over 80% of the girls found to be in the anaemic range. This insight underscores the importance of such initiatives in ensuring the health of our youth. The blood donation camp that followed was equally successful, saving a remarkable 280 lives through blood donations. RCA Heritage members truly set an example, contributing a significant number of blood units.

**Supporting Stem Cell Donation and World Cancer Day**  
RCA Heritage also played a key role in organizing a Stem Cell Donation Registration camp, which saw a strong turnout and meaningful participation. This initiative highlighted the importance of stem cell donation in saving lives and contributed to raising awareness in the community.

In addition, RCA Heritage sponsored snacks for 200 children participating in a poster competition on World Cancer Day at the Gujarat Cancer Research Institute. The event was a huge success, bringing together young minds to express their thoughts on cancer awareness through art.





Collaboration for Thalassemia Awareness RCA Heritage further demonstrated its commitment to health and service through a joint Thalassemia camp with RCA North, RCA Majesty, and RCA Shantigram. The event was an overwhelming success, drawing attention to the importance of screening and early intervention for Thalassemia. The collaborative effort was an excellent example of Rotary's spirit of teamwork and community service.

Raising the Bar at GOV: New Goals for Rotary On the day of the Governor's Visit (GOV), RCA Heritage members gathered for a serious discussion on Rotary's goals for the year. The District Governor addressed the club, setting new targets and inspiring members to continue working toward Rotary's mission of service above self. It was a pivotal moment for the club as we look ahead to the upcoming months.

Empowering Youngsters through Education In addition to health-focused initiatives, RCA Heritage organized a seminar at Sabarmati University, aimed at empowering young people with the tools and knowledge they need for success in life. The seminar served as an opportunity for students to engage with professionals, gain valuable insights, and get motivated to pursue their dreams.

Engagement in Sports and Leadership Inspiration RCA Heritage leadership also took time to visit the Girls Polytechnic, inspiring students through sports activities. Our members had the pleasure of witnessing the students' sports event, further strengthening the bond between the club and the community. The visit culminated in a friendly cricket match with the college principal, faculty members, and students, fostering camaraderie and teamwork.

Through these diverse and impactful activities, RCA Heritage continues to demonstrate its commitment to making a positive difference in the community. We look forward to carrying the momentum of February into the coming months, continuing to create more opportunities for service, growth, and lasting impact.



## BALANCING SPIRITUAL GROWTH AND SOCIAL RESPONSIBILITY



**RTN HARISH  
TEKCHANDANI**  
CLUB SECRETARY  
ROTARY CLUB OF  
AHMEDABAD  
HERITAGE

Both service projects and religious rituals like pujas are important, but they serve different yet complementary purposes in life. Religious practices such as pujas offer spiritual growth, inner peace, and a sense of connection to a higher power. These rituals help individuals align with their faith, providing guidance, comfort, and a framework for moral living. Puja ceremonies can deepen one's understanding of self, offering moments of reflection and fostering a sense of gratitude, humility, and reverence. However, they primarily focus on the individual's inner world, connecting them with their faith and providing spiritual fulfillment.

On the other hand, service projects engage people in tangible, real-world actions that benefit others and the community. By helping those in need, volunteering at shelters, cleaning parks, or supporting education, service projects promote empathy, social responsibility, and a sense of collective well-being. They encourage individuals to step beyond their own concerns and address the challenges faced by others. In doing so, service initiatives not only aid those who are less fortunate but also provide a sense of purpose, pride, and fulfillment to the giver. True fulfillment in life often comes from a balance of both—spiritual growth through personal rituals and contributing to the greater good through acts of service. While pujas nurture an individual's inner peace and connection to the divine, service projects extend that compassion outward, creating a positive, lasting impact on others. Together, these two paths can lead to a more well-rounded, meaningful life. The spiritual insights gained through puja can inspire individuals to act selflessly in the world, while service projects can strengthen one's faith and reinforce values of love, kindness, and empathy. When combined, these practices offer a holistic approach to living, where personal development and societal contribution go hand in hand, creating a more harmonious and compassionate world for all.



## MY EXPERIENCE WITH SERVICE PROJECTS OF ROTARY

Being an active member of Rotary International, particularly with RCA Heritage, has been a truly enriching journey. The spirit of service and fellowship that Rotary embodies has allowed me to contribute to meaningful projects, witness positive change, and develop strong bonds with fellow Rotarians. Every project undertaken has deepened my commitment to Rotary's mission and reinforced my passion for making a difference.

### Leadership & Organizational Growth

Participating in service projects has been rewarding both for the community and my personal growth. Engaging with district leadership, coordinating with team members, and managing logistics have strengthened my leadership and organizational skills. Each initiative has been a learning opportunity, enhancing my ability to problem-solve and execute plans effectively.

A recent meeting with DG Rtn Mohan Parashar was particularly inspiring. His appreciation for RCA Heritage's contributions and guidance on increasing membership and impactful fundraising set a clear path for our club's growth. Strengthening community partnerships and integrating more members will allow us to expand our outreach and maximize our impact.

### Looking Ahead

With upcoming projects like the 'Toilets for Girls in Government Schools' initiative, a seminar on startup/government business schemes, and a district cricket tournament, RCA Heritage's future looks promising. The dedication of our members ensures we continue making a difference through education, health awareness, and sustainability programs.

My journey with Rotary service projects has been incredibly fulfilling. It has strengthened my belief in 'Service Above Self' and provided opportunities to contribute meaningfully to society while building lasting friendships. I look forward to expanding our initiatives and making an even greater impact in the years to come.



**RTN NAIMISH OZA**  
**VICE PRESIDENT**  
**RCA HERITAGE**





# WORLD CANCER DAY

## POSTER MAKING AT GUJARAT CANCER RESEARCH INST. SPONSERED BY RCA HERITAGE ON 4.02.2025

200 participants took part in a poster-making event specifically focused on child cancer prevention. Snacks were sponsored by Rtn. Rajiv Gulati.

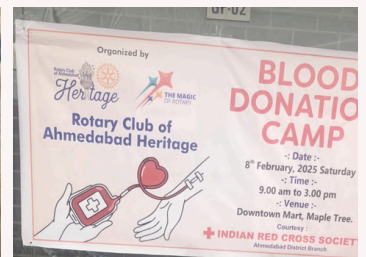






## BLOOD CAMP TO HELP 280 LIVES

On February 8, 2025, RCA Heritage organized a highly successful blood donation camp at Thaltej. With enthusiastic participation from donors and RCA Heritage members, the event became a remarkable effort in saving lives. A large number of blood units were collected, potentially saving 280 lives, reflecting the club's strong commitment to service and humanitarian causes. This collective effort not only contributed to a noble cause but also strengthened the spirit of generosity within the community.







## 50 REGISTRATIONS FOR STEM CELL DONATIONS



On 8th Feb 2025, RCA Heritage has taken a new initiative to support patients suffering from Thalassemia, blood cancer, and other similar diseases. A suitable stem cell match for a patient can be life-saving. In this effort, RCA Heritage has successfully collected nearly 50 samples from potential stem cell donors.



Following the collection, these samples will undergo necessary genetic analysis. The analyzed data will be securely preserved and used when a matching recipient is identified. This initiative aims to provide hope and a second chance at life to those battling these critical health conditions.



RCA Heritage remains committed to making a meaningful impact through such noble efforts, reinforcing its dedication to service and humanitarian causes.







## SEMINAR AT SABARMATI UNIVERISTY

CAREER GROWTH, LEADERSHIP, COMMUNICATION &  
STRENGTHENING MIND DT: 22.02.2025

PROJECT CHAIR : RTN CHIRANTAN DAVE

The seminar, organized jointly by RCA Majesty Stars, RCA Adarsh, and Alliance Club, was designed to foster student growth and career development. It focused on overseas opportunities, mental and physical health, and the cultivation of essential leadership qualities, empowering students to thrive both personally and professionally.







GOV : FEB 23, 2025

Honorable District Governor Rtn. Mohan Parashar officially visited our club and interacted with the Board members. He set new targets for the club in terms of membership growth and The Rotary Foundation (TRF). Later, he engaged with all the members. Assistant Governor Rtn. Pinky Sadhu also participated

Later, all celebrated Rotary day and marked the day with Cake cutting. DG Rtn Mohan Parashar Congratulated all the Rotarians





# ANEMIA MUKTA BHARAT:

## 2 CAMPS, 200 TESTS FOCUSED ON YOUNG GIRLS.

### FEB 20 & FEB 25, 2025

2 CAMPS



RCA Heritage focused on testing anemia in young girls from middle-class families, where awareness is particularly needed. Our concern proved accurate, as 80% of the girls exhibited low to high anemia conditions. This issue requires the attention of both society and the government.





## ANNIVERSARIES

Mrs Kajal & Rtn Dr. Rushikesh Jayantilal Trivedi	Feb 04
Mrs Shraddha & Rtn Naimish Oza	Feb 11
Mrs Miti & Rtn Apurva Sheth	Feb 13
Mrs Shaily & Rtn Jiten Trivedi	Feb 14
Mrs Hema & Rtn Virendra sarda	Feb 15
Mrs Laxmi & Rtn Praveen Maheshwari	Feb 17
Mrs Shrushti & Rtn Dr Krupesh shah	Feb 17
Mrs Purvi & Rtn Paras Sheth	Feb 18
Mrs Rinkuben & Rtn Pradyuman Kanubhai Darji	Feb 19
Mrs Hetal & Rtn Dr. Darshan Thakkar	Feb 21
Mrs Shivali & Rtn Sandeep Mahajan	Feb 21
Rtn Priyanka & Sameer Bhatt	Feb 22
Rtn Hementa & Mr Gaurav Soni	Feb 23
Mrs Manisha & Rtn Amish Shah	Feb 27







## BIRTHDAYS

Rtn Jainish H Shah	Feb 03
Mrs Srushti Shah	Feb 04
Rtn Priyanka Bhatt	Feb 08
Rtn Naimish Oza	Feb 11
Rtn Kiran Patel	Feb 23





## MOVIE MASTI

The RCA Heritage members decided to take a different approach to fun, leading to the exciting idea of watching a movie and having dinner together. A mini theater was exclusively booked for the event, offering a cozy and intimate atmosphere. Since this month marked the anniversaries of many members, a joint celebration took place, adding an extra layer of joy to the evening. The night was filled with laughter, great food, and a shared cinematic experience, making it a memorable and enjoyable outing for everyone. Photos were captured to cherish these moments and commemorate both the movie night and the special anniversaries.







EDITED BY  
**RTN HARISH TEKCHANDANI**  
SECRETARY RCA HERITAGE